



2009-10

United States Figure Skating

"LEARN TO SKATE" BASIC SKILLS
GROUP SKATING LESSONS

INFORMATION

All ages
Welcome!

NOTE: Sat. skaters will be assigned a
10:00am or 10:35am lesson time.

ALSO: Adult Classes Monday Noon

Join us at Glacier Ice Rink Saturday mornings or Mondays at noon and "learn to skate basic skating skills". MFSC teaches the United States Figure Skating's BASIC SKILLS program. Cost is \$110 per skater (\$10 discount if signed up by January 9th for Session 2) and includes eight classes each with 30 minutes of instruction and 20 minutes of practice time, a "Bring a Friend to Skate Day", official USFS Basic Skills membership card and patch, progress book with stickers, year patch, and achievement badges. Student to Instructor ratio target is a maximum of 1:10. Skaters will be notified of their Saturday lesson time, which will be 10:00am or 10:35am. Skaters must arrive at the rink 15 minutes before lesson begins. Registration is on a first come, first served basis and class size is limited.

You are considered registered only if you have paid your fee. \$10 discount if signed up by January 9th for Session 2. Missoula Figure Skating Club membership is not required to take "Learn to Skate" Basic Skills classes.



Registration & "It's Great to Skate so Bring a Friend" Day

Saturday, January 9th, 10:00-11:30am at Glacier Ice Rink: registration available for Membership, Club Ice, Skating Schools and Learn to Skate Basic Skills lessons. And you can skate for free so bring friends!

Pre-registration is available by downloading the forms at www.missoulafsc.org and mailing them to: MFSC, PO Box 9195, Missoula MT 59807. Questions? Call 406-543-LUTZ (5889)

\$110- GENERAL LEARN TO SKATE BASIC SKILLS SESSION – Saturdays

Session 2: Jan 23 – Mar 20, 2010 (8 classes) 10:00am or 10:35am classes (**no class 2/27**)

Saturday Class Format

10:00-10:05am Class prep, attendance & announcements
10:05-10:35am Class I instruction (30 minutes)
10:35-10:55am Practice time for Class I & Class II (20 minutes)
10:55-11:25am Class II instruction (30 minutes)
11:25-11:30am Clear the ice and clean up

\$110- ADULT LEARN TO SKATE BASIC SKILLS SESSION – Mondays

Session 2: Jan 25 – Mar 22, 2010 (8 classes) 11:30am or 12 noon class (**no class 2/29**)

TAKE TWO LESSONS PER SESSION!

If room allows, a skater may take both 10:00am & 10:35am lessons during the same session. If you are interested in taking both lessons during a Basic Skills session, please inquire at the registration table.

CLASS FORMAT

MFSC makes every effort to divide class levels by age, when possible. At the beginning levels we try to offer separate adult and youth classes because we usually have enough students to fill both classes. Because of MFSC's limited ice time, we are not able to offer separate adult and youth classes for each skating level on Saturdays. As you advance through the Basic Skills program, you may find the upper classes are combined with various aged students. **A separate adult session is offered on Mondays over the lunch hour.**

EVALUATION DAY

At the end of each Learn to Skate Basic Skills session MFSC conducts an Evaluation Day. During this time, the instructors formally evaluate each skater's ability to perform the moves required at their level. If the skater has mastered all of the required elements: 1) the instructor will sign the skater's Basic Skills Booklet, 2) each skater will be awarded a badge for their level passed and 3) the skater may move up to the next level at a subsequent Learn to Skate Basic Skills session. If a skater has not mastered all of the elements required, they will receive a Certificate of Achievement indicating the elements they have mastered.

RETURNING SKATERS

Each returning Basic Skills skater will be placed in the appropriate level based on his or her registration form and/or MFSC records. Since some skaters may find additional practice ice time during the off-season, MFSC follows a policy of evaluating each skater's ability at the beginning of each Basic Skills session. This helps us place each skater in the appropriate level. This policy is also helpful when a student has been away from skating for some time. For safety reasons, these students may be asked to repeat a skill level. The instructor may move a skater to the previous or next level at any time during the session based on their ability to perform the skills required at each level. **If you feel you or your child have been placed in the wrong class, please notify a Basic Skills Coordinator or a Basic Skills Instructor immediately.**

ADDITIONAL PRACTICE TIME

Learn to Skate Basic Skills sessions are eight classes in length. Most skaters who pass on to the next level at the end of a session have **spent time practicing outside of their Basic Skills lesson.** Students in levels Basic 3 and above can sometimes expect to spend two or more sessions at each level. Additional practice time is recommended to aid the skater in mastering all of the elements at each level. Additional practice time is available during public sessions at Glacier Ice Rink or the skater may become a member of the Missoula Figure Skating Club and enjoy exclusive figure skating ice time.

CLASS MAKE-UP DAYS

If MFSC must cancel a Learn to Skate Basic Skills class, every effort will be made to make up the class during the session. No refunds are provided for canceled classes. If a skater misses a class for personal reasons, no make-up class is provided. If you wish, you may contact an instructor for a private lesson at your expense.

EVALUATION OF CLASSES

Help us improve our Learn to Skate Basic Skills program – fill out an Evaluation Form! MFSC asks that you fill out an evaluation form for the Basic Skills class that you or your child participated in. Forms are provided at the end of the each session. You may return your evaluation form at any time by giving it to a MFSC representative at the Basic Skills Information Table.

REFUND POLICY

You may request a **partial refund** for your Learn to Skate Basic Skills class up to and including the first day of class. There are no refunds* after the first class of each Learn to Skate Basic Skills session. All refunds will reflect the following deductions:

- USFS Fee - \$10
- MFSC Administrative Fee - \$10
- Cost for one Basic Skills class (if applicable) - \$13.75

* If a skater is unable to complete a Learn to Skate Basic Skills session due to injury, the skater may submit a written request to the Basic Skills Program Coordinator to make an exception to the above refund policy. To be considered, all refund requests must be received within 10 days of the last day of the session for which you are requesting a refund. Send all refund requests to: Basic Skills Program Coordinator, MFSC, PO Box 9195, Missoula MT 59807-9195 or missoulafsc@yahoo.com

QUESTIONS? Contact us at the number or email below. See you at the rink!

MFSC • PO Box 9195 • Missoula MT 59807

www.missoulafsc.org

missoulafsc@yahoo.com

543-LUTZ (5889)

2009-10

United States Figure Skating

LEARN TO SKATE BASIC SKILLS

REGISTRATION FORM



| | | | |
|--|--------|--------|--------|
| Parent or Guardian Information | | Phone: | (hm) |
| Parent/Guardian Name: | | Phone: | (wk) |
| Address: | | Phone: | (cell) |
| City: | State: | Zip: | Email: |
| Would you like to be added to the MFSC e-mail list? Yes No | | | |

| Skater Information | | | |
|--------------------|---------------------------|---------|----------------|
| #1 Name: | Basic Skill Level Passed? | M or F? | Date of Birth: |
| #2 Name: | Basic Skill Level Passed? | M or F? | Date of Birth: |
| #3 Name: | Basic Skill Level Passed? | M or F? | Date of Birth: |
| #4 Name: | Basic Skill Level Passed? | M or F? | Date of Birth: |

| Basic Skills Session Information | Early Registration Deadline <i>(\$10 off if received by deadline)</i> | Price |
|--|--|-------|
| Session 2: General (Sat. 10:00am or 10:35am); Adult (Mon. 11:30am or 12noon) | January 9th | \$110 |

| Skater's Name & Registration (Discounts apply for registration of more than one skater <u>per</u> family <u>per</u> session. See prices at right.) | Basic Skills <u>Session 2</u> \$110 ea for 1 \$105 ea for 2 \$100 ea for 3 \$95 ea for 4 | Sat or Mon (select one) | \$10 Early Registration Discount if Registered by <u>January 9th</u> Deadline (Subtract \$10 ea.) | Total (Add amounts across for total due for each skater) |
|---|---|----------------------------|--|--|
| #1 | | | | |
| #2 | | | | |
| #3 | | | | |
| #4 | | | | |
| Make checks payable to: MFSC Mail form to: MFSC • PO Box 9195 • Missoula MT 59807 | GRAND TOTAL | | | |
| | | | | <i>(Add amounts across for total due each skater then add total amounts down for Grand Total due.)</i> |

| | | | |
|------------------------------------|--------------------------|-------------------------------------|--------------------------|
| For Office Use Only: | | | |
| Session I 1 st L: _____ | 2 nd L: _____ | Session II 1 st L: _____ | 2 nd L: _____ |
| Date: _____ | Amt. Paid: _____ | Cash or Ck # _____ | Staff Initials _____ |
| Date: _____ | Amt. Paid: _____ | Cash or Ck # _____ | Staff Initials _____ |