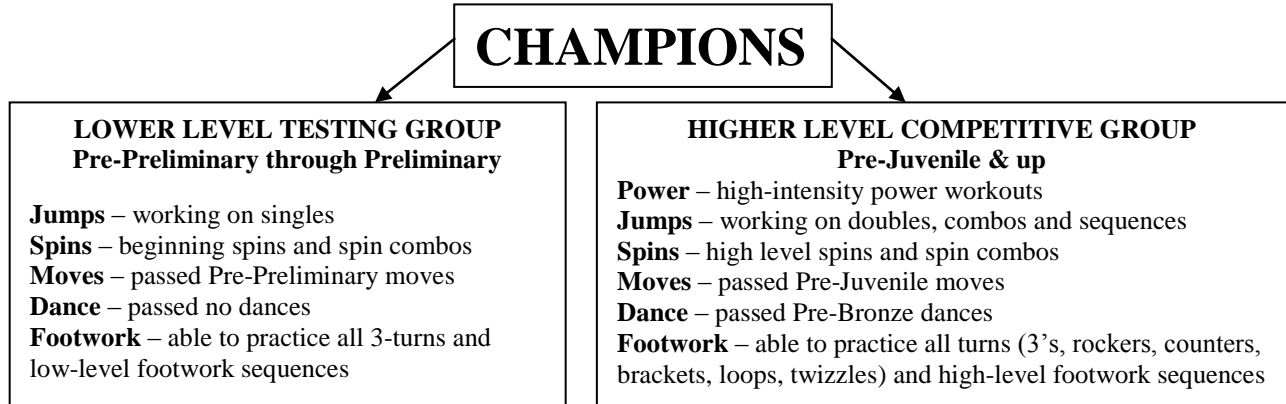




**2009-10**  
**MISSOULA FIGURE SKATING CLUB**  
**"CHAMPIONS" SKATING SCHOOL**  
**INFORMATION**



Champions is open to those who have passed the Pre-Preliminary or Adult Bronze Moves in the Field test. The group levels will be split among two coaches depending on subject matter. See chart below for general guidelines:



Champions Skating School is intended for the higher level skaters in MFSC. Skaters will spend an intense hour in separate groups (see above) working on edges, single and double jumps, all types of spins, power skating drills, footwork sequences, artistry, and ice dancing. "Champions" will be a challenging, concentrated workout and will provide skaters with the fundamental tools for putting together an effective skating performance. The size of the class may be limited.

**SESSION II:** January 10 – March 21, 2010 (8 classes) – **NO class January 17, February 28, & March 7**

**Days & Time:** Sundays, 4:45-5:45pm (**January 31 = 4:00-5:00pm on the Outdoor Rink**)

**Cost:** \$217 for class participants who are first time MFSC members\* (includes membership, ice time & coaching)

\$167 for class participants who are current or previous MFSC members\* (includes ice time & coaching)

**Policies:** Classes will not be offered on a drop-in, but may be offered on a prorated basis. Enrollment may be limited.

**Registration Deadline:** Saturday, January 9<sup>th</sup> (\$10 off per session if paid by Saturday, January 9<sup>th</sup>!)

**DON'T FORGET: MFSC TEST SESSION & COMPETITION FRIDAY-SATURDAY, MARCH 19-20<sup>TH</sup>, 2010!!!**

\*\*Sign up for this class on MFSC's General Registration Form at: [www.missoulafsc.org](http://www.missoulafsc.org) \*\*

**REFUND POLICY**

You may request a **partial refund** for Skating School up to and including the first day of class. There are no refunds\* after the first class of each Skating School session. All refunds will reflect the following deductions:

- MFSC Administrative Fee - \$10
- Cost for first Skating School class (if applicable)

\* If a skater is unable to complete a Skating School session due to injury, the skater may submit a written request to make an exception to the above refund policy. Applicable Class and Administrative Fees will apply. To be considered, all refund requests must be received within 10 days of the last day of the session for which you are requesting a refund. Send all refund requests to: MFSC, PO Box 9195, Missoula MT 59807-9195 or [missoulafsc@yahoo.com](mailto:missoulafsc@yahoo.com)

**QUESTIONS?** Contact us at the number or email below. See you at the rink!

**MFSC • PO Box 9195 • Missoula MT 59807**

[www.missoulafsc.org](http://www.missoulafsc.org)

[missoulafsc@yahoo.com](mailto:missoulafsc@yahoo.com)

**(406) 543-LUTZ (5889)**