



2019-20

MISSOULA FIGURE SKATING CLUB

MEMBERSHIP INFORMATION

Join Missoula Figure Skating Club (MFSC) and enjoy exclusive ice time and special programming to pursue your love of figure skating!

SKATING SESSIONS:

The skating schedule will be set in late August. Check the Glacier Ice Rink website for MFSC Club Ice, programs, open figure skating and public skates.

MEMBERSHIP FEE:

A portion of MFSC's **Membership Fee** is remitted to United States Figure Skating (USFS). **New** and **renewing** members must complete an MFSC Membership form. Each member will receive a membership card from USFS and each family will receive a copy of *Skating* magazine. **Parents/Guardians are encouraged to become MFSC members because your skater's progress and the success of our Club are dependent on the involvement of our adult voting members.**

Both MFSC and USFS membership dues are paid annually and expire on June 30th of every year.

Membership Fees	Price
First Family Member REQUIRED for first member. Includes USFS membership and SKATING magazine. One family member must pay the full membership fee.	\$70
Introductory Member Only available to <u>first-time, full members of MFSC/USFS</u> . Includes USFS membership and SKATING magazine.	\$40
Subsequent Family Member REQUIRED for additional family members. Includes USFS membership.	\$40
Collegiate Member Good for <u>four</u> consecutive years. Must be attending a college or university.	\$90
Associate Member REQUIRED for members of other USFS Clubs to partake in MFSC activities.	\$40
Coach Member REQUIRED for coaches. Includes USFS membership and SKATING magazine, if first family member registered.	\$70

ABOUT MFSC

MFSC is a non-profit corporation founded in 1997 to promote the sport of figure skating in the Missoula valley. A seven member Board of Directors manages the Club. Directors are elected by the voting members of the Club at the annual Membership Meeting, usually held in June of each year. Directors serve two-year terms and are responsible for attending monthly Board meetings, possibly serving in an officer position, such as President, Vice-President, Treasurer or Secretary, and volunteering their time during MFSC programs and events.

CLUB ACTIVITIES

Annually MFSC purchases approximately 6-8 hours of ice time per week from GIR to run a variety of programs including "Learn to Skate" Basic Skills skating program for youth and adult skaters (figure skating as well as basic hockey skating skills), Club Ice, Skating School, the Glacier Challenge competition, test sessions and a variety of performances including Holiday on Ice, Spring Skating Spectacular and our annual Showcase on Ice. MFSC teaches the United States Figure Skating's Basic Skills skating program. "Learn to Skate" Basic Skills skating lessons are Thursday evenings in Fall and Spring and Saturday mornings during the winter sessions. Please contact a Board member for more information or to volunteer for any of the above MFSC programs or events.

CODE OF CONDUCT – SAFESPORT - WAIVER

Attached to this form are the MFSC Codes of Conduct, a Statement regarding the United States Figure Skating's SafeSport Program and policies and a Liability Waiver. Please read all documents and sign where indicated. Resources and links to sign up for training on SafeSport can be found at www.usfigureskating.org/SafeSport .

SafeSport Statement for Membership Renewal

Missoula Figure Skating Club is committed to creating a safe and positive environment for members' physical, emotional and social development and ensuring that it promotes an environment free of misconduct.

The following code of conduct applies to all participants in activities hosted, supported, sponsored or engaged in by U.S. Figure Skating and Missoula Figure Skating Club and Glacier Ice Rink including but not limited to competitions, exhibitions, training camps and local rink activities.

I recognize that my participation or my child's in all the activities associated with U.S. Figure Skating, Missoula Figure Skating Club and Glacier Ice Rink is an honor and privilege that carries certain responsibilities. I agree to fully abide by the rules and guidelines set forth by U.S. Figure Skating or its properly designated agents.

U.S. Figure Skating Member Code of Conduct GR 1.02

I recognize that my participation in all activities hosted, supported, sponsored or engaged in by U.S. Figure Skating, including but not limited to competitions, exhibitions and training camps, is an honor and privilege that carries certain responsibilities. I agree to fully abide by the rules and guidelines set forth by U.S. Figure Skating or its properly designated agents. As a precondition to participation in activities hosted, supported, sponsored or engaged in by U.S. Figure Skating, I will adhere to the following tenets in good faith:

A. I will exhibit the highest standards of fairness, ethical behavior and genuine good sportsmanship in all of my relations with others.

B. I will not damage public or private property. I understand that I may be held financially responsible for damage deemed to be wantonly or willfully executed on my part, and that I may be subject to disciplinary action by U.S. Figure Skating.

C. I will not use or possess illegal drugs, and I will not engage in criminal activity. I understand that, if I am found to use or possess illegal drugs, or if I am found to engage in any criminal activity during any activity hosted, supported, sponsored or engaged in by U.S. Figure Skating, I may be subject to criminal penalties as well as penalties imposed by U.S. Figure Skating.

D. I will adhere to the rules of U.S. Figure Skating and the host organization at all activities hosted, supported, sponsored or engaged in by U.S. Figure Skating.

E. I will comply with all applicable anti-doping rules including, but not limited to, ISU and USADA anti-doping rules.

F. I will conduct myself in a manner not detrimental to the welfare of figure skating. I understand that my actions reflect on U.S. Figure Skating and the sport of figure skating both positively and negatively. I understand that if my acts, statements, or conduct are considered detrimental to the welfare of figure skating by the appropriate authority, I may be subject to penalties imposed by U.S. Figure Skating pursuant to GR 1.04.

G. I understand that the penalties that may be imposed may include, but are not limited to, loss of future international selections, loss of financial support from U.S. Figure Skating and its Memorial Fund, and loss of participation in activities hosted, supported, sponsored or engaged in by U.S. Figure Skating.

H. I understand that all disciplinary proceedings will be conducted pursuant to Article XXV, Section 3, of the U.S. Figure Skating bylaws, and that my rights and remedies are derived therefrom.

**Missoula Figure Skating Club
Code of Conduct and Disciplinary Procedures**

The following is a copy of the MFSC Code of Conduct and Disciplinary Procedures. Each skater and parents, if skater is a minor, are requested to review, discuss and accept this Code of Conduct and indicate that they have read and understand their responsibilities by signing the attached agreement before participating in Club activities. The Club will benefit by having a uniform standard of behavior that everyone is familiar with. The coaches and rink officials will spend less time on discipline and the assumption will be that skaters are genuinely interested in improving their skills during our ice time.

Code of Conduct

GENERAL

The Missoula Figure Skating Club practices, tests and performs at facilities not owned by our Club. All members must conduct themselves in a manner respectful of all policies and property at these facilities. Any violation of facility policy may result in suspension from the use of these facilities. This MFSC policy is also in effect during **public skate sessions** and when the Club is represented at out of town activities. Please exhibit a model of behavior that will provide a good example to the community and to the public and encourage pride in our Club.

Skaters are expected to display proper respect and sportsmanship and a positive attitude towards their competitors, fellow skaters, coaches, officials, parents and the public.

Skaters are expected to follow the direction of the coaching staff, facility rink attendants and designated MFSC members acting as rink attendants.

Any act performed by a Club member that a coach, Club member or rink attendant sees and deems unsafe or inappropriate may be brought to the MFSC Board's attention for any disciplinary action necessary.

Persons appearing to be under the influence of alcohol or mood-altering drugs will not be allowed on the ice.

ICE ETIQUETTE

The following right-of-way order is established to insure safety for all skaters on the ice and is in effect during all sessions.

- 1st priority - Skater in a lesson with their music playing
- 2nd priority - Skater in a lesson
- 3rd priority - Skater who has their music playing
- 4th priority - Skater who is in a spin

We must all learn to be more aware, cautious and considerate of other skaters on our limited ice time. We do not have the luxury of dividing each session between high (test), low (test) and recreational (non-test) skaters. Be aware of usual patterns in skating routines, exercises, ice-dancing and Moves-In-The-Field. Skate with your eyes up and with a clear head. Keep distracting conversation to a minimum. Remember you are not out there alone and each person needs to be responsible for everyone else's safety. The enclosed map and etiquette guidelines provide an example of how to utilize the ice safely.

SPECIFIC CLASSES OF INFRACTIONS

CLASS I

Running, spitting, littering, yelling, tossing objects or snowballs. Chewing gum, eating or drinking on the ice. (Exception for water bottles kept at the rink edge). Discourteous behavior.

CLASS II

Abusive or obscene language, profanity, or any gesture of profanity. Insubordination toward any coach, official, parent or member acting as rink attendant. Refusal to comply with directive from coach or rink attendant. Displaying or promoting unsafe actions on the ice, locker room or rink facility. Deliberately skating in a manner that interferes with another skater's safety. Any destruction or defacement of property including the ice surface.

CLASS III

Any intentional physical contact, bodily or by throwing objects, which would be considered aggressive in nature by a responsible, prudent person. Threatening or harassing of other skaters or persons. Possession or use of any illegal substance on the premises. Stealing of any item or property.

CONSEQUENCES FOR INFRACTIONS

CLASS I

- 1st offense - verbal warning
- 2nd offense - verbal warning with warning of upgrade upon next offense
- 3rd offense - Upgrade to Class II - 1st offense

CLASS II

- 1st offense - Removal from ice for 2 skating sessions (the ones usually skated by the individual, i.e. if the skater does not attend a.m. sessions regularly those would not be counted).
 - Written apology to offended party
 - Letter of reprimand, warning of status upgrade upon next offense
- 2nd offense - Upgrade to Class III - Meeting of all parties concerned for disposition.

CLASS III

A class III infraction will involve a meeting of the board, skater, and parents (if skater is a minor). Consequences may include any or all of the following.

- 1st offense
 - Removal from ice for 14 calendar days
 - Written letter of apology to person before return
 - 30 calendar days suspension from club sponsored performances
 - Upon return to ice, parent must accompany skater (if minor) to the rink for the next 30 calendar days
- 2nd offense
 - Permanent club suspension and recommend suspension from the rink
 - Notification of conduct violation and suspension sent to **USFS**

APPEALS

All disciplinary and appeal processes will be guided by the Club bylaws.

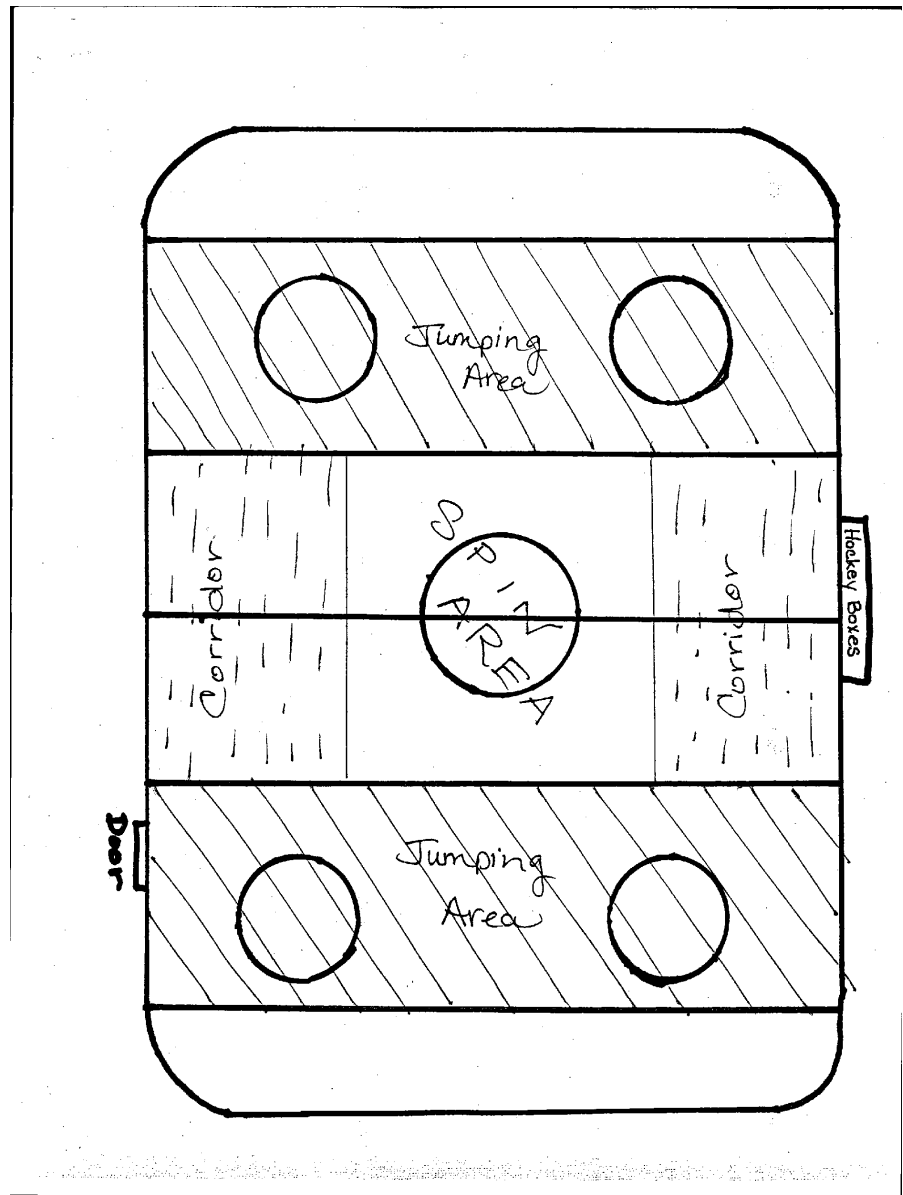
Ice Etiquette guidelines for safe and fun skating sessions:

1. **Keep moving!** Everyone's skating is improving so use the entire rink, not just a corner. Save your figure and edge work for a less crowded session, if necessary. At no time should a skater stop in the middle of the ice to talk or visit with another skater. If you need to converse with another skater please keep moving together or move next to the boards.
2. **Look where you are going at all times!** When you are skating backwards it doesn't mean everyone has to look out for you. Skaters are responsible for looking in the direction they are skating, forwards or backwards, and being aware of where other skaters are.
3. **Don't linger in a skating / jumping pattern!** Most jumping is done between the blue lines and the ends of the rink. Skaters use crossovers to gain speed from one end of the rink to the other and then perform their jumping. Waltz jumps, salchow jumps, loop jumps, and axel jumps are usually done on a circular pattern. Whereas, toe loop jumps, flip jumps and lutz jumps are usually done from a straighter take off pattern. Please try to get used to and USE these skating patterns. Not only will they provide you with the speed you need to jump, but also your skating will improve if you utilize the entire rink. After you complete your jumping sequence, keep moving so another skater may jump in that area too.
4. **Spin in the center! (And center your spins)** Since jumping is usually done near the ends of the rink, spins should be practiced near the center of the rink. This also allows the long sides of the rink to be used as corridors for gaining speed during jumping patterns. Be considerate of others trying to practice their spins and select an appropriate area for each spin you do.
5. **Keep your eyes open for priority skaters!** When a skater is doing their program, they have first priority or right-of-way so to speak. See the ice etiquette page for a listing of the other priority skaters. It is common etiquette to make an extra effort to stay out of these priority skaters way. This **does not** mean stop skating and stand at the boards. You have important moves to practice too, but make an extra effort to watch for skaters playing their musical program, skaters in a lesson or skaters in a spin. Try to move to another area if they come your way and extend them the courtesy you would want from them in return.
6. **See attached map for common free skate areas!** If you have any questions on ice etiquette, please ask a Club instructor and they will be happy to explain how skaters maneuver on a Club Ice session. MFSC wants all of you to feel safe and enjoy a productive skating session.

TIP: Here's a little tip for practicing your musical program or Moves in the Field patterns (outside of your lesson): Pick a session that is less crowded so it's easier for you to make it through your program or Moves patterns without interruption. Start your program run throughs well in advance of your event. As a show or competition gets closer, there is high demand for skaters' music to be played.

Basic Safety Rules for MFSC Club Ice Sessions

- * Sign in for club ice.
- * Do not bring breakable containers rink side.
- * Stay aware of other skaters on the ice. Be respectful of all skaters at all times.
- * Try to anticipate other skaters' patterns as you decide your own.
- * Look ahead, and behind, for other skaters, especially if you are a less experienced skater.
- * Be patient with less experienced skaters.
- * Look both ways before skating across the ice.
- * Attempt to keep moving at all times.
- * The skater doing a routine to music (should be wearing an orange vest) has the ultimate right of way.
- * Give way to skaters on the jump harness.
- * When club ice is over, clear belongings from the dasher boards, help put away music and fill holes (if needed) and then exit the ice.
- * Be cautious with use of iPods (or other music players.) Use only when fewer than 10 skaters on the ice and use only one ear bud so you are able to hear what is happening on the ice. (Coaches are the exception, if using for choreography.)
- * Coaches - please be aware of other skaters & coaches; coach and demonstrate at boards or keep moving with your skater; avoid standing in middle of ice unless necessary.
- * Absolutely no stopping and talking in the middle of the ice. Conversations with other skaters and coaches should be done by the boards.
- * Use your Club Ice wisely and productively.
- * PRACTICE HARD & HAVE FUN!





2019-20 MISSOULA FIGURE SKATING CLUB MEMBERSHIP APPLICATION



Parent or Guardian Information			
Parent/Guardian Name:		Phone: (cell)	
Address:		Phone: (hm)	
City:	State:	Zip:	Email:
Skater Information			
Member #1:	Date of Birth:	Age:	USFS #:
Member #2:	Date of Birth:	Age:	USFS #:
Member #3:	Date of Birth:	Age:	USFS #:
Member #4:	Date of Birth:	Age:	USFS #:

Membership Fees	Price
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Coach Member REQUIRED for coaches. Includes USFS membership and SKATING magazine, if first family member registered.	\$70

Name <small>Please indicate name you would like on your Club Jacket here</small>	First Family Member \$70	Introductory Member \$40	Subsequent Family Member \$40	Collegiate Member \$90	Associate Member \$40	Coach Member \$70	MFSC Club Jacket \$65	Total (add amounts across)
#1			N/A					
#2	N/A							
#3	N/A							
#4	N/A							
GRAND TOTAL (add amounts down) \$								

I certify that all members listed above have read, understood and will comply with the MFSC Code of Conduct. I also agree to allow MFSC to use photos or videos taken during MFSC events for marketing purposes unless I check this OPT OUT box:

Parent/Guardian/Skaters over 18 _____ Date _____

Mail form to: MFSC • PO Box 9195 • Missoula MT 59807

For Office Use Only:			
Date: _____	Amt. Paid: _____	Cash or Ck # _____	Staff Initials _____



CODE OF CONDUCT AGREEMENT

This agreement is between the Missoula Figure Skating Club and each member and his/her parent or guardian acknowledging they have received and understand the SafeSport Statement and Code of Conduct policy of Missoula Figure Skating Club.

1. I have received, read and fully understand Missoula Figure Skating Club's SafeSport Program and Policies, Code of Conduct and Disciplinary Procedures.
2. I understand that the terms of this Agreement are in effect while I am a member of Missoula Figure Skating Club and/or participating in any Club activity and/or representing the Club at out of town activities.
3. I accept the MFSC Code of Conduct Agreement as morally binding and will honor the terms of this Agreement. I fully understand violation of this Agreement will result in the actions stated in the Consequences for Infractions section.

I/WE AGREE TO ABIDE BY ALL TERMS. I ACKNOWLEDGE THAT I (AND MY CHILD) HAVE READ AND FULLY UNDERSTAND THIS AGREEMENT.

Name of Member: (please print) _____

Signature of Member: _____ Date: _____

Signature of Parent/Guardian: _____ Date: _____

This Agreement must be returned to MFSC before the member will be allowed on the ice.

MFSC • PO Box 9195 • Missoula MT 59807

www.missoulafsc.org

missoulafsc@gmail.com

543-LUTZ (5889)

(name of club)

Waiver and Release of Liability, Assumption of Risk and Indemnity Agreement ("Agreement")

In consideration of participating in _____ activities, I represent that I understand the nature of figure skating activities ("activity") and that I am qualified, in good health and in proper physical condition to participate in such "activity". I acknowledge that if I believe event conditions are unsafe, I will immediately discontinue participation in the "activity".

I fully understand that this "activity" involves risks of serious bodily injury, including permanent disability, paralysis and death, which may be caused by my own actions, or inactions, those of others participating in the "activity", the conditions in which the "activity" takes place, or the negligence of the "releasees" named below; and that there may be other risks either not known to me or not readily foreseeable at this time; and I fully accept and assume all such risks and all responsibility for losses, costs, and damages I incur as a result of my participation in the "activity".

I hereby release, discharge, and covenant not to sue the _____, United States Figure Skating, it's directors, officers, administrators, sponsors, volunteers, agents, employees, staff, instructors, trainers, other participants and if applicable, owners and lessors of premises on which the "activity" takes place (each considered one of the "Releasees" herein) from all liability, claims, demands, losses, or damages on my account caused or alleged to be caused in whole or in part by the negligence of the "releasees" or otherwise, including negligent rescue operations; and I further agree that if, despite this release, waiver of liability, and assumption of risk, I, or anyone on my behalf, makes a claim against any of the Releasees, I will indemnify, save, and hold harmless each of the releasees from any loss, liability, damage, or cost which any may incur as the result of such claim.

The _____ has the right, but not the obligation, to provide rules, regulations and/or ice monitors for Club Ice. We hereby acknowledge that the _____ shall not be responsible for the supervision of the members at Club Ice.

I have read this RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK, AND INDEMNITY AGREEMENT, understand that I have given up substantial rights by signing it and have signed it freely and without any inducement or assurance of any nature and intend it to be a complete and unconditional release of all liability to the greatest extent allowed by law and agree that if any portion of this agreement is held to be invalid, the balance, notwithstanding, shall continue in full force and effect.

Printed Name of Participant

Date

Signature of Participant

PARENTAL CONSENT AND INDEMNIFICATION AGREEMENT

I, the minor's parent and/or legal guardian, understand the nature of the above referenced activities and the minor's experience and capabilities and believe the minor to be qualified to participate in such "activity". I hereby release, discharge, covenant not to sue and AGREE TO INDEMNIFY AND SAVE AND HOLD HARMLESS each of the Releasees from all liability, claims, demands, losses, or damages on the minor's account caused or alleged to have been caused in whole or in part by the negligence of the Releasees or otherwise, including negligent rescue operations, and further agree that if, despite this release, I, the minor, or anyone on the minor's behalf makes a claims against any of the above Releasees, I WILL INDEMNIFY, SAVE AND HOLD HARMLESS each of the Releasees from any litigation expenses, attorney fees, loss liability, damage, or cost any Releasees may incur as the result of any such claim.

_____ Date _____
Printed Name of Parent/Guardian

Signature of Parent/Guardian

Consent for Medical Attention or Treatment

I certify that I, the member, or I, the parent/guardian of said participant, give my consent to the _____ and the facility the activities are taking place in and their staff and to members of the _____, their Board of Directors and volunteers to obtain medical care from any licensed physician, hospital or clinic, including transportation and emergency medical services, for myself/ourselves and/or said participant for any injury that could arise from participation in these activities.

Name of 1st Minor Child Member (please print)

Name of 2nd Minor Child Member (please print)

Name(s) of Parent(s)/Guardian(s)
(please print)

1st Parent/Guardian Signature Date _____

2nd Parent/Guardian Signature Date _____

Name of 1st Adult Member
(please print)

1st Adult Member Signature Date _____

Name of 2nd Adult Member
(please print)

2nd Adult Member Signature Date _____

This Consent for Medical Attention shall be binding and effective for the _____ - _____ membership year of _____.